

CANUTE PUBLIC SCHOOLS

P.O. Box 490 - Canute, Oklahoma - 73626 - 580 472-3295

September 2017

Breakfast and Lunch Menu

In accordance with federal law & United States Department of Agriculture (USDA) policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
				French Toast Stick Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
				Hamburger L/O/T/P Tat or Tots Fruit Milk
Monday SEPT. 4	Tuesday SEPT. 5	Wednesday SEPT. 6	Thursday SEPT. 7	Friday SEPT. 8
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
NO - SCHOOL LABOR DAY	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Waffles Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
NO - SCHOOL LABOR DAY	Chicken Quesadilla Tortilla Chips Salsa / Sour cream Salad Fruit Milk	Stromboli Baked Beans Pudding Juice Bar Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye Peas Fruit Milk	Mc Rib's Chips Celery Fruit Milk
Monday SEPT. 11	Tuesday SEPT. 12	Wednesday SEPT. 13	Thursday SEPT. 14	Friday SEPT. 15
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	NO - SCHOOL	Bacon & Eggs Cheese / Tortilla Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Pancakes Sausage on Stick Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Alfredo Garlic Bread Green Beans Cherry Tomatoes Fruit Milk	NO - SCHOOL	Steak Finger Mashed Potatoes Gravy / Roll Carrots Fruit Milk	BBQ. Chicken Cheesy Potatoes Roll Broccoli Fruit Milk	Corn Dogs French Fries Tomatoes w/ Salad Fruit Milk
Monday SEPT. 18	Tuesday SEPT. 19	Wednesday SEPT. 20	Thursday SEPT. 21	Friday SEPT. 22
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Cereal Biscuit & Jelly Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Long Johns Cheese Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Noodle Soup Crackers Salad W/ Tomato Fruit Milk	Taco Corn Cheese / Salsa Salad Fruit Milk	Salisbury Steak Mashed Potatoes Gravy / Roll Green Beans Fruit Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye peas Fruit Milk	Grilled Chicken Sandwiches Pickle Spears Roasted Potatoes Fruit Milk
Monday SEPT. 25	Tuesday SEPT. 26	Wednesday SEPT. 27	Thursday SEPT. 28	Friday SEPT. 29
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Oatmeal Toast Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	French Toast Stick Syrup Fruit Juice Milk
LUNCH MENU	Lunch menu	LUNCH MENU	LUNCH MENU	LUNCH MENU
Pizza Corn Salad Fruit Milk Dessert	Crispito Spanish Rice Refried Beans Salsa Fruit Milk	Ham Cheesy Potatoes Roll Carrots Fruit Milk	Spaghetti Garlic Bread Green Beans Fruit Milk	Hot Dogs Chili / Cheese French Fries Pickles Spear Fruit Milk

3RD - 12TH GRADE WILL HAVE THE OPTION OF THE FRUIT/VEGETABLE BAR