

CANUTE PUBLIC SCHOOLS

P.O. Box 490 - Canute, Oklahoma - 73626 - 580 472-3295

JANUARY 2018

Breakfast and Lunch Menu

In accordance with federal law & United States Department of Agriculture (USDA) policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

Monday 1-Jan	Tuesday 2-Jan	Wednesday 3-Jan	Thursday 4-Jan	Friday 5-Jan
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
NO - SCHOOL	NO - SCHOOL	Oatmeal Toast Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	French Toast Stick Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
NO - SCHOOL	NO - SCHOOL	Pizza Corn Salad Fruit Milk Dessert	Lasagna Garlic Bread Green Beans Fruit Milk	Hamburger L/O/T/P French Fries Fruit Milk
Monday 8-Jan	Tuesday 9-Jan	Wednesday 10-Jan	Thursday 11-Jan	Friday 12-Jan
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Cinnamon Toast Yogurt Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Waffles Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Frito Chili Pie Cheese Corn Salad Fruit / Milk Dessert	Chicken Quesadilla Tortilla Chips Salsa / Sour cream Salad Fruit Milk	Stromboli Baked Beans Pudding Fruit Snack Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye Peas Fruit Milk	Mc Rib's Tat or Tots Celery Fruit Milk
Monday 15-Jan	Tuesday 16-Jan	Wednesday 17-Jan	Thursday 18-Jan	Friday 19-Jan
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	Sausage / Egg Biscuit & Jelly Fruit Juice Milk	Bacon & Eggs Cheese / Tortilla Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Pancakes Sausage on Stick Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Alfredo Garlic Bread Green Beans Cherry Tomatoes Fruit / Milk Dessert	Nacho Supreme Tortilla Chips Refried Beans Salsa Fruit Milk	Steak Finger Mashed Potatoes Gravy / Roll Carrots Fruit Milk	BBQ. Chicken Cheesy Potatoes Roll Broccoli Fruit Milk	Corn Dogs French Fries Tomatoes w/ Salad Fruit Milk
Monday 22-Jan	Tuesday 23-Jan	Wednesday 24-Jan	Thursday 25-Jan	Friday 26-Jan
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Cereal Biscuit & Jelly Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Long Johns Cheese Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Noodle Soup Crackers Salad W/ Tomato Fruit / Milk Dessert	Taco Corn Cheese / Salsa Salad Fruit Milk	Salisbury Steak Mashed Potatoes Gravy / Roll Green Beans Fruit Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye peas Fruit Milk	Grilled Chicken Sandwiches Pickle Spears Roasted Potatoes Fruit Milk
Monday 29-Jan	Tuesday 30-Jan	Wednesday 31-Jan	Thursday	Friday
BREAKFAST MENU	Breakfast Menu	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Oatmeal Toast Fruit Juice Milk		
LUNCH MENU	Lunch menu	LUNCH MENU	LUNCH MENU	LUNCH MENU
Pizza Corn Salad Fruit Milk Dessert	Crispito Tortilla Chips Ranch Style Beans Salsa Fruit Milk	Ham Cheesy Potatoes Roll Carrots Fruit Milk		

3RD - 12TH GRADE WILL HAVE THE OPTION OF THE FRUIT/VEGETABLE BAR