

# CANUTE PUBLIC SCHOOLS

P.O. Box 490 - Canute, Oklahoma - 73626 - 580 472-3295

## January 2019

### Breakfast and Lunch Menu

In accordance with federal law & United States Department of Agriculture (USDA) policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>
NO - SCHOOL	NO - SCHOOL	NO - SCHOOL	Cereal Biscuit & Jelly Fruit Juice Milk	Pancakes Sausage on Stick Syrup Fruit Juice Milk
<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>
NO - SCHOOL	NO - SCHOOL	NO - SCHOOL	BBQ Chicken Cheesy Potatoes Roll Broccoli Fruit Milk	Corn Dogs French Fries Tomatoes w/ Salad  Fruit Milk
<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>
Cereal Biscuit & Jelly Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Donut Cheese Fruit Juice Milk
<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>
Chicken Noodle Soup Crackers Salad W/ Tomato Fruit / Milk Dessert	Taco Corn / Tortilla Chips Cheese / Salsa Salad Fruit Milk	Salisbury Steak Mashed Potatoes Gravy / Roll Green Beans Fruit Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye peas Fruit Milk	Hot Ham & Cheese Pickle Spears Roasted Potatoes  Fruit Milk
<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>
Breakfast Bar Muffin Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Oatmeal Toast Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	French Toast Stick Syrup Fruit Juice Milk
<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>
Pizza Corn Salad Fruit Milk Dessert	Crispito Mozzarella Stick Tortilla Chips Ranch Style Beans Salsa / Fruit Milk	Ham Cheesy Potatoes Roll Carrots Fruit Milk	Spaghetti Garlic Bread Green Beans Fruit Milk	Hot Dogs Chili / Cheese French Fries Pickles Spear Fruit Milk
<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>
Cinnamon Toast Yogurt Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Waffles Syrup Fruit Juice Milk
<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>
Frito Chili Pie Cheese Corn Salad Fruit / Milk Dessert	Chicken Quesadilla Tortilla Chips Salsa / Sour Cream Salad Fruit	Pig n' Blanket Baked Beans  Pudding Juice Bar Milk	Beef Stew Shredded Cheese Combread Salad / Cinnamon Roll Fruit Milk	Sloppy Joe's Tater Tots Celery Stick  Fruit Milk
<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>	<b>BREAKFAST MENU</b>
Breakfast Bar Muffin Fruit Juice Milk	Sausage / Egg Biscuit & Jelly Fruit Juice Milk	Oatmeal Toast Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Pancakes Syrup Fruit Juice Milk
<b>LUNCH MENU</b>	<b>Lunch menu</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>	<b>LUNCH MENU</b>
Chicken Spaghetti Garlic Bread Green Beans Salad w/ Tomatoes Fruit / Milk Dessert	Homemade Burrito Cheese / Spanish Rice Refried Beans Salsa / sour cream Fruit Milk	Steak Finger Mashed Potatoes Gravy / Roll Carrots Fruit Milk	Baking Potatoes Ham / Cheese Steam Broccoli Sour cream Pudding / Fruit Milk	Hamburger French Fries L/O/T/P  Fruit Milk

3RD - 12TH GRADE WILL HAVE THE OPTION OF THE FRUIT/VEGETABLE BAR