

CANUTE PUBLIC SCHOOLS

P.O. Box 490 - Canute, Oklahoma - 73626 - 580 472-3295

November 2018

Breakfast and Lunch Menu

In accordance with federal law & United States Department of Agriculture (USDA) policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

Monday	Tuesday	Wednesday	Thursday NOV. 1	Friday NOV. 2
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
			Breakfast pizza	Waffles Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
			Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye Peas Fruit Milk	Mc Rib's Tater Tots Celery Fruit Milk
Monday NOV. 5	Tuesday NOV. 6	Wednesday NOV. 7	Thursday NOV. 8	Friday NOV. 9
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	Sausage / Egg Biscuit & Jelly Fruit Juice Milk	Bacon & Eggs Cheese / Tortilla Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Pancakes Sausage on Stick Syrup Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Alfredo Garlic Bread Green Beans Cherry Tomatoes Fruit / Milk Dessert	Nacho Supreme Tortilla Chips Refried Beans Salsa Fruit Milk	Steak Finger Mashed Potatoes Gravy / Roll Carrots Fruit Milk	BBQ. Chicken Cheesy Potatoes Roll Broccoli Fruit Milk	Beef Stew Shredded Cheese Cornbread Cinnamon Rolls Salad / Fruit Milk
Monday NOV. 12	Tuesday NOV. 13	Wednesday NOV. 14	Thursday NOV. 15	Friday NOV. 16
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Cereal Biscuit & Jelly Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	Breakfast pizza Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Long Johns Cheese Fruit Juice Milk
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Chicken Noodle Soup Crackers Salad W/ Tomato Fruit / Milk Dessert	Taco Corn Cheese / Salsa Salad Fruit Milk	Orange Chicken Rice / Vegetable Blend Roll Green Beans Fruit Milk	TURKEY & DRESSING MASHED POTATOS & GRAVY GREEN BEANS / ROLL CRANBERRY SAUCE / SALAD PUMPKIN CAKE MILK	Hamburger L/O/T/P Roasted Potatoes Fruit Milk
Monday NOV. 19	Tuesday NOV. 20	Wednesday NOV. 21	Thursday NOV. 22	Friday NOV. 23
BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Breakfast Bar Muffin Fruit Juice Milk	Sausage Biscuit & Jelly Fruit Juice Milk	NO - SCHOOL THANKGIVING BREAK	NO - SCHOOL THANKGIVING BREAK	NO - SCHOOL THANKSGIVING
LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU	LUNCH MENU
Pizza Corn Salad Fruit Milk	Crispito Tortilla Chips Ranch Style Beans Salsa Fruit Milk	NO - SCHOOL THANKGIVING BREAK	NO - SCHOOL THANKGIVING BREAK	NO - SCHOOL THANKSGIVING
Monday NOV. 26	Tuesday NOV. 27	Wednesday NOV. 28	Thursday NOV. 29	Friday NOV. 30
BREAKFAST MENU	Breakfast Menu	BREAKFAST MENU	BREAKFAST MENU	BREAKFAST MENU
Cinnamon Toast Yogurt Fruit Juice Milk	Sausage & Gravy Biscuit & Jelly Fruit Juice Milk	Cereal Biscuit & Jelly Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Waffles Syrup Fruit Juice Milk
LUNCH MENU	Lunch menu	LUNCH MENU	LUNCH MENU	LUNCH MENU
Frito Chili Pie Cheese Corn Salad Fruit / Milk Dessert	Chicken Quesadilla Tortilla Chips Salsa / Sour Cream Salad Fruit	Pig n' Blanket Baked Beans Pudding Juice Bar Milk	Chicken Nuggets Mashed Potatoes Gravy / Roll Black eye Peas Fruit	Sloppy Joe's Tater Tots Celery Stick Fruit Milk

3RD - 12TH GRADE WILL HAVE THE OPTION OF THE FRUIT/VEGETABLE BAR